

Read my latest as I write, edit and hone it.
Begun 10/21/17 after reading Naomi Klein's *No Is Not Enough*
Updated 1/18/18 99% complete

The Great Leap

Can We Evolve Enough
To Survive?

Mark Landau

The Great Leap

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Other books by Mark Landau

End the Fight

The Miracle Revolution

What We Can Do

The Love and Forgiveness Meditation

I Love You and Forgive You:
A True Self-Healing Tool and the Life Around It

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To the Leapers

Chapter 1 — Armageddon

We inhabit an amazing, precious world.

And we desecrate it.

We have amazing, precious lives.

And we desecrate them.

For five thousand years, we have lived the path of greed and dominance.

This has been the inner force driving the power core of our human race.

It has taken us far, as far as it can.

But it has reached the point of diminishing returns.

It has all but destroyed our decency and quality of life.

It now threatens our planetary existence.

The potential for disaster and renewal is staggering.

We are at the crossroads of our existence.

Which way will we choose?

There are so many wonderful people doing the best they can for themselves, their loved ones and the world, being considerate, being responsible, taking care to live gently and rightly on planet Earth.

But this no longer is enough.

We are in a headlong sprint towards self-destruction, lemmings to the sea.

There is so much frailty, fallibility and woundedness.

And so many who have relinquished responsibility.

We dwell on dissing our leaders but do nothing, ourselves, to save our world.

What can one person do when such a great power block steers us towards malevolent destruction, when they hold the world's purse strings and policies like the reins of a mighty team?

A lot.

I wish to speak to us all, the collective, the best and the worst in us, as if we were one.

I wish to lay bare our condition, to paint a picture in a different light and then do so much more.

I wish to rant, exhort, expand comprehension and reveal our way forward.

Someone must.

Fasten your seatbelt.

There's something coming.

Take this bumpy ride with me.

We are all responsible.

And you can help.

We know we're in trouble, do we not?

Our legal, financial and political systems are corrupt to the bone.

We have enshrined legalized crime.

We have deified corporations and enslaved ourselves to them.

We have sold our souls to money.

Our fine line of presidents, congressmen and justices should be ashamed of themselves.

Those who continue to rape our planet should be ashamed of themselves.

We who drug, drink and entertain ourselves to death should be ashamed of ourselves.
We must feel our shame.
Feel it now, if only for a moment.
We may not be the perpetrators, but we have all allowed it to happen, through our ignorance, complacency and passivity.
But it has also simply come about, willy nilly, with or without us.
And it needed to come to this, this free fall, this breakdown of everything, this cracking and crumbling of the entire infrastructure of our past world edifice.
We must acknowledge and embrace the corruption with which we have poisoned our world.
We know it sickens us.
But now we must do something about it.
We treat the world as something to grab and steal from.
We treat each other as hits.
We adore and empower those who steal from and despise us.
We avoid and deny what we do to our planet.
It is time to wake up.
It is time to face the truth.
It is time to enact massive, radical reform on every level of our society.
It is time for us to take back our world.
Our current course will undo us.
Our only choice is to make a great leap.
This leap must occur both within us, in our hearts, souls and psyches, and in the mechanisms that rule our world.
We must come to new laws, behaviors, policies and understandings.
We must rethink our world.
We have it within us to create a truly wonderful existence or to all go down together, despairing, fighting and dying.
Man-made climate disruption is real. Anyone who denies it is short-sighted, self-serving, ignorant and malignant. Our carbon dioxide count is higher than it's been for millions of years. And it's risen far more precipitously than it ever has.
Extreme weather has become so obvious as to be undeniable.
To ignore it is catastrophe.
To continue ignoring it is mass extinction.
We still have time, but barely.
Enough of us, together, can turn this world around, not only ecologically, but morally, economically and societally, as well.
We are within a hair's breadth of nuclear terrorism or war.
We must turn this around, as well.
Nothing short of a great human leap will do.
I have been calling it The Miracle Revolution because, if we manage it, it will engender miracles.
Sixty Canadians got together in May of 2015 and decided to call it The Leap.
They created a party-less platform, The Leap Manifesto.

It contains the directions in which we must go.
There has already been progress.
Denmark and Germany are proving that parts of it can work.
A few Native and other Americans have begun the process, as well.
It's beginning to spread.
This can benefit everyone.
Read Naomi Klein's *No Is Not Enough*, for a clear understanding of where we are, how we got here and The Leap Manifesto.
Read my *End the Fight* and *What We Can Do* for what must occur within enough of us to support the actualization of their evolving program.
Take them to heart. Put into practice what we literally must do to survive.
Get on board.
We must supercharge true, fundamental, benevolent change.
The lies and tweaks of the old, corrupt, thieving order will lead us to oblivion. The roots of corruption run deep.
Our way of living has become a tree of death. It must be uprooted and replaced with the tree of life.
This can be done beautifully, even smoothly, though the worst of the entrenched plutocracy will threaten Armageddon and, perhaps, assassinate a few of us along the way.
But who knows, perhaps some of them will actually see the light and come around.
We cannot wait for them.
We cannot wait for any savior.
We can and must come together to do this ourselves.
Ever since democracy was conceived and implemented there has been a tug of war between it and the rich.
After all, if the majority rules, why don't they simply take the wealth of the few for themselves?
The rich and powerful have always oppressed, abused and stolen from the poor.
And, over the millennia, they have gotten better and better at it.
They have used many modalities to transfer more wealth to themselves and keep the masses in line.
Some have advocated diminishing democracy and squeezing the workers.
This is what Alan Greenspan said we must do and further implemented.
The more enlightened have advocated generosity, lifting the workers up and treating them well so they would be happy enough not to rebel.
These kinds of policies and organized labor led to a large, healthy middle class in our own, earlier US history.
That has all but been destroyed.
The wealthy have devised ever more ingenious, arcane, 'legal' ways to steal from the masses nearly all the wealth there is.
It is time to redress this.
It is time for the masses to become intelligent enough to do something about it.
It is time for democracy to win.

It is time for the truly benevolent and intelligent to structure our economy and society in a new, better, more equitable way.

Such a thing is possible and must soon come about.

Together, we must make this leap.

Time is running out.

Mother Earth, if we stop destroying her and organize our society truly well, does have the resources to allow all of us to live well and thrive.

If we shepherd and treat her well, she will reward us.

But we race to destroy her.

Our wealth and legacy have been stolen.

We have a false concept of ownership.

We strive to own nature.

Our agribusiness practices and monocrops deplete our soil and pollute our land and oceans.

Monsanto strives to own the genetic codes of our natural world.

We have created a Monty Python corporatocracy.

Our patriarchal way is to own, control and screw the planet and everyone we can.

Ever greater power and greed.

This is the dinosaur that is killing us.

We have mistreated each other and our living world far too long.

Ever smaller numbers have amassed ever greater wealth and power.

This has been done through a great series of maneuvers that is strangling more and more of us and our environment.

As I edit this, our Senate has passed their new tax codes. Corker, the last Republican holdout, finally buckled when they added a new provision benefitting Real Estate Moguls, of which he and Trump are two.

This is a perfect example of how completely self-serving our legislators and the Republican Party have become. These tax codes are neither popular nor good for our country. They hurt far more people than they help. They are a formula for disaster.

But this doesn't matter. All that matters is that they enrich the legislators enacting them. This is a perfect example of the height of our corruption and the natural extension of the wealthy amassing more wealth to themselves and stealing more from the rest of us.

They know full well the result will be a dramatic increase to our national deficit. This is their plan. It will be their excuse to cut funding for Social Security, Medicare, Medicaid and other parts of the safety net that supports the survival of so many of us, 'entitlements' that we have paid for and are truly entitled to. They wish to steal that money, as well.

And in ending net neutrality they have succeeded in their favorite ploy, rigging the rules to transform the Internet from the free, egalitarian font of information and service it has been to benefit the mighty few.

We might hope that, in these things, we have reached the nadir of our dysfunction.

But we can't only hope.

We must begin to do everything we can to make sure it is.

We could make these the final convulsions of our business as usual greed machine.

Or we could let it continue to our destruction.

We must see all this clearly and rise to the occasion.

Let this solstice day mark our darkest hour.

It could, you know.

We could make it so.

On the flip side of current events, the #MeToo and #TimesUp Movement has shown what can happen when the oppressed stand up and speak out against the abusive powerful.

These brave women have shown how easily the titans can topple when the masses confront them.

Perhaps, in some cases, there's been overcompensation, but in most cases, not. And it's been telling, empowering, long overdue and will ultimately be unifying.

The lessons are coming thicker and faster, more and more grandiosely and more and more transparently and in our face.

Will we see what's before our eyes?

Will we learn the lessons that bombard us?

We can and must begin to dismantle our corrupt system, restructure our tax codes for the benefit of all, retrieve stolen wealth, gut and rewrite many of our current laws, reclaim what truly belongs to all of us and redress the imbalance.

We must build local, life-supporting, democratically owned energy and agricultural farms and adopt the evolving policies of The Leap Manifesto.

We can and must demand and reclaim our decency, freedom, respect and right behavior on every level of our society.

But, in order to do this, we must reawaken within.

We must get our house, heart and head in order.

We must realize what we are capable of.

We must remember who we truly are.

Chapter 2 — Reclamation

It's clearly possible to structure society in a way that is beneficial to all.

There have been national and cultural pockets that have approached this to the greater benefit of the larger numbers.

After World War II was such a time in America.

But it, also, to a large degree, was based on theft—feeding the war machine through invasion after invasion and plundering the resources of those countries and others.

We live in a different world.

But we could do better than we ever have.

The only thing lacking is the will and intelligence of the masses.

The masses are easily duped.

They are misled, brainwashed, de-educated and manipulated through PR and a corrupt media.

They are distracted by shock politics and histrionics.

They lionize the worst of us.

But sooner or later, even the reddest of necks will begin to catch on, won't they?

The thieves they are voting in are ripping them off.

We are deeply embedded in a vicious cycle.

The spinmeisters have spun the brains right out of us.

As many of us as possible must crystalize and see through all this shit as possible.

So, for a moment, let's dream and imagine what we might do to leap out of this quagmire. No regulation leads to runaway greed.

The pharmaceuticals, the casino banks, the insurance companies, even the utilities will constantly push to gouge, steal and inflate their bottom lines to the detriment of everyone and everything.

As long as money is our God and nothing else matters, we are doomed.

There are things more important than money.

True morality, ethics and decency trump money.

Safeguarding what is truly precious trumps money.

Honesty trumps money, though obviously, not in our current politics nor in our current mass psyche.

But at the deepest levels of our souls, hearts and spirits, it does.

In our highest knowing.

At the core of our being.

In our lost wisdom.

It appears as if we have lost our wisdom, our common sense, the difference between truth and falsehood.

But we haven't.

It's still there, deep within us.

It is time to re-find and reclaim it.

Doing the inner work can help.

Meditation can help.

But in the world at large, we must find a balance that works better for us all.

Are we beginning to realize this?

We have made corporations super people, with more rights than humans.

But they are not people.

They only recognize profit.

So they must be regulated, including the amounts they can shower on their corrupt CEOs.

Sensible caps can be put in place.

Significant portions of the money stolen from shareholders can be retrieved.

Funds stolen from taxpayers to bail out criminal financial institutions can also be retrieved.

The shuffling and gambling of capital paper must be regulated.

Commercial and speculative banks should be completely separated, so those who utilize the services of the former can have the trust that their bank won't be engaged in the riskier practices of the latter.

A true, state central bank owned by the people and run by a board of honest, disinterested, economic minds should replace the privately owned Federal Reserve system in setting interest rates and printing money, the act of which should in no way incur debt.

All Federal Reserve assets should be frozen and returned to the public coffers. They have stolen from us for long enough.

Workable, common sense laws can be formulated to harness the various business sectors, so they can still perform well without wildly stampeding to the detriment of the rest of us.

Our tax codes are corrupt.

Those who enact them are corrupt.

They are now being pushed into deeper corruption.

More and more they benefit the super wealthy and squeeze everyone else.

Some of this wealth can and should be retrieved.

The super wealthy have had their way with us for long enough.

It is time we rose up to reclaim what has been stolen and, in intelligent ways, to set things right.

And to change the rules of the game so that no individual institution or individual can gain super wealth and super power.

We can redress the imbalance with tax codes without loopholes that tax the wealthy and all corporations in sensible, workable ways without crippling or bankrupting them but tempering their bloat to within sane limits.

Transaction taxes can fund a healthy, more renewable infrastructure and a far better public transport system.

We can remove many of the restrictive regulations strangling small business and place necessary regulations on big business.

We must change the rules of the money game so that it becomes a fair game.

Our healthcare system, with its obscene profits for the pharmaceutical and insurance companies, is a titanic, wasteful travesty. It steals from all of us and drains our national health and wealth. It can be totally and judiciously revamped.

Polluters, especially, should pay. Speculative gain should be the most highly taxed.

Instead, we have been letting the worst of us get away with the most.

The solutions are out there. They can be found and implemented to eliminate our corrupt laws, to heal our sickening justice system.

Laws can be reformed and rewritten.

Prisons for profit are obscene.

Decades long jail terms for non-violent crimes are revolting.

Criminalizing drug use and prostitution is ridiculous.

These things can be regulated in ways that don't feed our corruption.

All of this rot can be flushed out of the system.

The ultra-conservatives are right. The swamp must be drained. But not according to their lights. They are responsible for much of it.

We can set things right if enough of us find our will.

"It'll never happen," most might say.

But it must if we are to survive.

We are facing things that man has never faced.

One way or another, massive change will force itself upon us.

Defeatism won't do.

We can fix this.

Will we find the intelligence and will to do so?

Chapter 3 — Evolution

Life evolves in seemingly eternal phases of foundation building then in great leaps of faster, profound progress.

For the longest time, single-celled organisms proliferated in the oceans till they became a nearly full soup of them. Then, one fine day, cells started combining and the race was on. This continued for eons while the land, regarding animal life, mostly lay fallow. Then another great leap took place in the form of centipede-like ocean critters and then certain fish crawling out of the sea. This led to a great spurt in land evolution.

Human evolution goes much more quickly but, from our perspective, seems to drag on forever or even stop.

But it doesn't.

It follows the chakras.

Our first stage was the hunter-gatherer.

This was the root chakra age, a more masculine time revolving around survival, tribe, sign, symbol and magic and the oneness of things.

Then came the second chakra age with its first separation wherein the human race began to harness nature through agriculture and husbandry, the cultivation of crops, the care for and domestication of animals, the matriarchy, fertility, the goddess cults, myth and the impulses of sustenance, nurturing and the miracle of the seed and procreation.

Then, around five thousand years ago, the shift to third chakra functioning began with the second separation as the patriarchal, Indo-Aryan and other invading conquerors begin sweeping the world to murder, rape and destroy the matriarchs of the previous age and dominate, grab and subdue everything in sight, treating people and nature as things, machines and objects of ownership and creating the world religions, the mode that has been ruling ever since.

Make no mistake, women and the matriarchy suppressed and controlled men as significantly, though less brutally, in our second age as men have done to women in our third and it wasn't only invading hordes that rose up against the feminine but men within their cultures, as well, as the age weakened, decomposed and went to extremes.

We carry these things in our collective memory.

Not that one suppression is justified by another, but we must come to understand and accept these things as part of our past and move beyond them instead of having them unconsciously, continually derailing us.

So we must leap again, to a combined functioning of the fourth and fifth chakras, the heart and the throat, where the masculine and feminine come into balance, inclusion, support and acceptance supplant competition, the win-win mentality replaces the win-lose, a newer and higher sense of oneness evolves from the elemental one of the first chakra age, the shepherding, caretaking, honoring impulses of the second chakra are renewed on a global level and the will evolves from the I, me me, mine/our little group ego to the Us (as in all of us as balanced, fair and equitably redressed as possible) and Thine (as in divine, sublime, generous, charitable and supportive of all—the all-inclusive God/God's will perspective).

Doing what we can to help all sides flower. What a concept! Imagine it!

Ever since the fifties, there has been an attempt to move in this direction.

It flowered in the sixties and into the seventies and then seemed to pull back.

But more and more of us have come to feel that we need to find a new way of being, a new way forward.

It has been feared and treated as rebellion, disparaged as New Age and hoped and worked for as Ascension.

All along, many of us have been talking of the old paradigm and the new.

But our numbers have been small and we've been fragmented, each working our own little, treasured niche.

The old paradigm has definitely become a juggernaut, rampaging out of control.

It is killing us in its death throes, strangling us in its ever-greedier grabbing frenzy.

We have seen some indications of a breath of fresh air.

The Occupy endeavors, the proliferation of non-profits and NGOs, the women's marches, Bernie Sanders surprising not a few.

But can the benevolent coalesce?

How can we coalesce?

What will it take for us to truly accomplish the Herculean task of changing the direction of the human race?

We have already begun.

It could soon begin snowballing.

Quietly, more and more of us have been working within.

Millions of us doing the hard work of healing and evolving.

This has been laying the foundation for the outer changes that will soon have to take place.

The Leap Manifesto offers new potential for a uniting way forward.

And around the world, workers are getting together to form their own just entities.

Groups and individuals are coalescing to form new biomolecular models for removing carbon from the atmosphere. And some forward-looking governments are spearheading the move towards renewable energy.

Things will happen at the grass roots level.

But our real way forward remains to be seen.

There is great potential in our young people and in our country.

In terms of our environment, energy, health care and the treatment of our citizens, America has fallen behind.

Way behind.

But we have fallen behind before.

In the early days, Russia outpaced us in the space race.

Then, a determined president and scientific community caught us up with and surpassed them in a very short time.

Now we have fallen behind most of the developed world in all the most important areas.

But we have it within us to show ourselves and the world that we can pull ourselves up by our bootstraps and save our lives and our planet.

Somehow, we must do it soon.

Our current leaders race to do the opposite.

The worst part of our old order arrogance and dysfunction have risen to the forefront to make themselves as dramatically obvious as they can to as many in the world as possible. We have a Saturday Night Live Executive Branch, a House of Cards Supreme Court and an All in the Family Congress.

Will enough of us see them clearly enough and take their lessons to boomerang us forward in time?

Have we crouched in order to leap?

That is the question.

And I say yes.

We have magnified cartoon character leaders to the n^{th} degree.

They tower and convulse over our nation.

We have made it harder and harder to ignore our own folly.

In this way, perhaps, we have served ourselves admirably.

I think it's clear that if the great leap occurs, the internet will play a significant role.

Watch *The Internet's Own Boy*.

See what one impassioned genius can do.

I wouldn't be surprised if a few special agents forced Aaron Swartz into his 'suicide' hanging as I feel more than confident that Salvador Allende's 'suicide' and many prison inmate 'suicides' are murders.

Miraculously stopping a foolish, super-constricting, overwhelmingly supported internet bill from passing?

How dare the punk!

Making scientific papers freely available to everyone?

What a terrifying thought!

How could the elite journals continue getting richer?

In the brief time Swartz illegally did this, it proved its titanic potential. With a small window of access to the necessary information, a high school student named Jack Andraka discovered and brought the scientific community a new, life-saving test for pancreatic cancer, though it's been denigrated and challenged by the elite and will take years for its true, long term benefit to be proved.

But what might happen if we really got so radically progressive as to allow everyone free access to all scientific research?

It's quite simple.

There would be a worldwide knowledge explosion.

Sure, there would be misfires everywhere.

But miracles would also happen.

Brilliant solutions would flower all over the planet.

A snowballing knowledge free for all...

Perish the thought!

How frightening!

The elite would become less elite!

The controllers couldn't control the money flow!

A levelled playing field!

Blasphemy!

Treason!
A breakdown of the system!
Our entire, corrupt infrastructure would be threatened!
Such things must be stopped dead in their tracks!
We do usually murder the best of us, don't we?
If Swartz really was offed and this somehow reaches a perpetrator, confess.
Let this come out into the open.
All the rot must come forth.
But perhaps he truly did, under the intense pressure he was being assaulted with, take his own life. What a tragedy that the vindictive ugliness of our system caused such a thing.
What loss and travesty.
The world is full of uncountable travesties.
But we are not helpless to do anything about them.
We can each do so very much.
Far more than we know.
It really does begin as an inside job.
More of this below.
But in this context, may everyone, everywhere with privileged information about any corruption, confess.
It's the most patriotic, honorable thing you can do.
We can't clean it out when it's so expertly hidden.
Covert operations are a major symptom of our disease.
They despoil us from within.
Why so many shootings and pedestrian run downs so often now?
They're coming almost every day.
Why so many opioid deaths?
Why so many suicides?
Why the anti-depressant pandemic, the mass pain killer addictions?
Why the massive, plugged-in screen addictions?
What a waste, though the latter will help drive the revolution.
There's something rotten in the state of America.
We must expose it all to come clean.
Do it for the sake of your own soul and the health and well-being of our nation.
Come forward.
Be a true hero.
So much evil we have done in the name of freedom and to feed our greed.
In Chile and so many South and Central American countries, in Cuba, Haiti, Granada and the Dominican Republic, to the Native Americans, the Hawaiians and the Africans in hundreds of years of slavery, in Korea, Iran, Vietnam, Iraq and Afghanistan, travesties that have and will reverberate down through the decades and centuries.
We have swaggered around the world, looting and stealing everything we could.
Who could withstand us?
We have had our way with nearly everyone.
We have projected the evil empire onto others.

But it is we who have been and continue to be the evil empire, the preeminent raper of the world.

Read Smedley Butler's famous War Is a Racket quote.

Oh hell, let's quote him here from his 1935 book via WikiQuote.

Like all the members of the military profession, I never had a thought of my own until I left the service. My mental faculties remained in suspended animation while I obeyed the orders of higher-ups. This is typical with everyone in the military service.

War is a racket. It always has been. It is possibly the oldest, easily the most profitable, surely the most vicious. It is the only one international in scope. It is the only one in which the profits are reckoned in dollars and the losses in lives.

There are 40,000,000 men under arms in the world today, and our statesmen and diplomats have the temerity to say that war is not in the making. Hell's bells! Are these 40,000,000 men being trained to be dancers?

A few profit – and the many pay. But there is a way to stop it. You can't end it by disarmament conferences. You can't eliminate it by peace parleys at Geneva. Well-meaning but impractical groups can't wipe it out by resolutions. It can be smashed effectively only by taking the profit out of war.

I spent 33 years and four months in active military service and during that period I spent most of my time as a high class muscle man for Big Business, for Wall Street and the bankers. In short, I was a racketeer, a gangster for capitalism. I helped make Mexico and especially Tampico safe for American oil interests in 1914. I helped make Haiti and Cuba a decent place for the National City Bank boys to collect revenues in. I helped in the raping of half a dozen Central American republics for the benefit of Wall Street. I helped purify Nicaragua for the International Banking House of Brown Brothers in 1902-1912. I brought light to the Dominican Republic for the American sugar interests in 1916. I helped make Honduras right for the American fruit companies in 1903. In China in 1927 I helped see to it that Standard Oil went on its way unmolested. Looking back on it, I might have given Al Capone a few hints. The best he could do was to operate his racket in three districts. I operated on three continents.

This is America.

The best criminals in the world.

This is the art of the deal our currently elected leader exemplifies and extols.

Grab everything, screw everyone.

As royally as possible.

And celebrate our moral, ethical bankruptcy.

Kind of goes along with grabbing pussies.

Conquer and rape.

The hallmark of the patriarchal age.

This is what we have mostly done in the world while portraying ourselves as the benevolent saviors.

Butler's words have had little impact.

But it's time to let understanding seep into our souls.

It's time for us to come to grips with all we have done and are doing, to take it to heart and own up to it all and, especially, to uncover what has, till now, been kept hidden.

It's time to realize that this paradigm no longer serves us.

But here's the thing.

Despising Trump, the patriarchy or this whole mind set and everyone in it also doesn't serve us.

Look how far the patriarchal age has gotten us.

It's yielded millennia and especially centuries of amazing progress.

And, yes, America has been better at it than most everyone else.

But it's simply a stage of development, an evolutionary rung on the ladder that all of us have gone through in one life or another whether we believe that or not. (Or, if you don't wish to accept this, think of it as a stage of awareness that many of our fellow humans currently occupy and can evolve beyond.)

But we can't become great by going back to it.

It No Longer Serves Us!

IT IS NOW DESTROYING US!

Trump's error is that he exemplifies this now dysfunctional way of being and hasn't a clue that there's anything better.

So he wants to make us great again by reinforcing and super-maxing what has worked for him and us in the past.

Not such terrible motivation...

But, now, he's dead wrong.

He's blinded by the old paradigm.

Or, more accurately, he simply hasn't yet evolved to the point where his fourth chakra has kicked in allowing a more universal identity field and deeper, more timely understandings to emerge within him.

This is how we grow as individuals, groups and a species. We hold onto archaic mindsets and keep on engaging in counterproductive behaviors long before we wise up enough to finally catch on and kick those habits—and even then, those habitual tendencies keep arising within us, though less and less frequently over time.

In the current in-between-state of the evolution of our species, Trump has become primitive man.

He and so many others...

(His recent proclamation that he is a stable genius reverberates to memory Nixon's that he wasn't a crook, does it not?)

Unfortunately, the Republican Party has been almost completely taken over by primitive, self-serving men.

In choosing him and them to lead us, we took the proverbial step backward in order, hopefully, not to take two steps but to take our necessary great leap forward.

Unfortunately, too, most Democrats, including Hilary and Obama, were also in the corporate pocket.

So, besides Bernie, who didn't fly out of the starting gate quick enough, but who showed that there's more hope than people realized, we didn't have much choice.

What we might see is that there is enough evolutionary force in the Republican Party for it to implode in the next two years and that someone in the Democratic Party like Bernie or better will emerge in time for 2020. (Hmm, Oprah? We've done worse. How about with Elizabeth Warren as VP? Now *that* would be a leap!)

We might even see a wave of recalls removing wrongdoers from office.

Inspiring, huh?

A modern-day witch hunt, but a valid one where the victims are corrupt politicians who despise the will of their constituents.

Or, perhaps, the government will do something so egregious that we'll have a ten-million-person march, occupy their offices and terrify them into doing the right thing.

But these are either prescience or simple fantasies. We can't wait for, depend on or place too much emphasis politicians. They're gleefully dancing us to destruction. And statesmen are as scarce as hen's teeth. Though if one comes along, by all means, vote her in.

We must rise up as a people and do something. Because, for the first time in history, we have come to the point where our inertia threatens our very existence.

We're not going to become great again by putting ourselves foremost, denying climate change and bilking everyone else and the world as much as we can.

Nor will we become great (dear Hilary and Naomi) by throwing everyone gripped by that mindset (or waiting to evolve) in 'a basket of deplorables' or by trying to 'kill the inner Trump'—those tendencies within us.

We all have them to a smaller or larger degree.

We grow by accepting and incorporating all the good and the bad we have learned from the past and not letting the bad rule us, by remembering where it led us, by carrying our lessons with us, by embracing a better, more productive functioning.

We will become greater than ever by taking the leap into a new, higher stage of development and realizing that that is all it is.

That we might have all kinds of tendencies but we choose to live by the best in us.

That those still living less evolved modes are not despicable, just as we are not for still having some of those tendencies.

That, perhaps, somewhere at some time we lived what 'they' are living and 'we' can reach out to 'them' as best we can to help them make the leap, as well, that Trump is not the 'other,' the enemy, he's just misguided and living the stage of development he's living (and is serving us well by being an overblown, comic book version of where we are now going wrong).

That in hating and denigrating 'them,' we have polarized ourselves and helped bring them to power. (We do empower what we fear, dismiss or hate.)

I may be drawn to beautiful erogenous zones and wish to feel them.

The question is, do I act on those desires without permission?

Do I honor 'the other' or degrade her?

Do I make her a contemptable object?

That depends on whether I'm gripped by the second, third or fourth chakra, among other things.

In the early stages of third chakra functioning, she is still 'the other,' an object of ownership, hardly human (just as Columbus couldn't grok that our country's indigenous might be equal or even, in some ways, superior to him. It gets quite complicated because there's a great

deal of development that occurs in every chakra stage along multiple prongs of our variegated personhood. It usually takes many lifetimes to progress through one chakra before we become ready to move on to the next, though this is a time of great acceleration for many. And it's further complicated by overlap where we're straddling two chakras or more).

As the fourth chakra awakens, our identity fields, thankfully, expand to encompass 'them.'

(At this point in the evolution of our species, women, in general, are more highly evolved than men, though, in making the leap we will catch up.)

Having such impulses doesn't make me despicable. For both better and worse, most of us are wired that way.

Trying to kill those impulses within me is counterproductive.

Hating Trump and ethno, gender, faith or race-centric people is counterproductive.

Hating each other is counterproductive.

It adds to our collective contempt, which is a very real thing and has gone through the roof.

That's their stage of development.

Don't we all have all kinds of impulses and tendencies?

Don't we nearly all have profoundly wounded inner children and arrested development?

(And if you don't, God bless you. It might serve you well to sit down and profoundly imagine what it's like from time to time—and to really see if you don't.)

Internally befriending, though not necessarily condoning or acting on, everything within and without but choosing to live by our higher light and, when we can, helping others evolve and grow wiser when they're open to it is what is needed.

Finding, within us, our deeper comprehension and compassion is our only way forward.

Realizing that there *is* an inner hierarchy of evolution, the activation and empowerment of each successive higher chakra, which leads us to ever more universal embodiment and higher virtues, and that as this happens for each one, the lower ones are incorporated, not nullified.

Awakening to the understanding that despising those at previous stages or those more primitive tendencies within us damages our own selves and holds us back.

We're all in the same sinking ship.

We need as many of us as possible to start bailing and throwing out the ballast instead of adding to it.

Hate divides. Hate pollutes. Hate undoes us.

And pushing our more highly evolved knowing on others without their exhibiting some kind of receptivity also won't help. (No single quotes because more advanced levels of development really are more highly evolved and it's impossible to refer to them without sounding elitist. We are more highly evolved than the Neanderthal, are we not? Is that elitist? And there are significant levels of advancement within us Sapiens that it's time we more fully crystalized and appreciated. The march of evolution doesn't stop.)

So we have to be truly wiser, more humble, more humorous, more compassionate, more understanding, more tolerant and more loving, forgiving and tactful all at the same time.

(Also, being simply civil and polite will help.)

In a word, saint-like.

Without sacrificing our true personhood and authenticity.

Sound impossible?

It's not.

The good news is that's where we're all headed whether we do what we can to evolve or do everything we can not to.

And all any of us can do is the best we can.

Unearthing, embracing and accepting all that we've done wrong and all those who cling to the old ways and moving on from there is what will help us become even greater than we ever have been (in a real, honest way as opposed to a grandiose).

So going back to dear Aaron Swartz and all our corruption and covert operations, if you have anything that hasn't yet come to light, do your patriotic duty.

Trumpet the whistle.

Take it to the press.

Put up a video on YouTube.

Save our souls.

Help us evolve.

Even if it means the end of your career.

Even if it means martyrdom or imprisonment.

Death is not the end.

There are more important things than clinging to safety, greed and misplaced loyalty.

There are even more important things than clinging to our current bodies.

What would it do to our national psyche if the CIA, FBI, NSA, Pentagon and whoever made public every operation they have ever performed or planned—like that one from the sixties to perpetrate an act of terror on national soil and blame it on Cuba so we could invade them? Where would they have hit, South Beach? I'd sure like to know.

You do know that the Gulf of Tonkin incident, our excuse for invading Vietnam that led to the resolution sanctioning us to do so, was totally fabricated, do you not? No wonder Johnson decided not to run again. Perhaps he did have a conscience after all.

Covert operations and not knowing leads to insanity on both sides. I wouldn't be surprised if Johnson somehow knew of and colluded in Kennedy's assassination—it was his state. Just as I wouldn't be surprised if Bush and Cheney knew about and colluded in 9/11—if so, what a sweet, innocent cover they arranged for Bush, to have him sitting in a children's classroom while Cheney was in some command post bunker when it happened.

And isn't it true that the Corps of Army Engineers knew that New Orleans was in danger but that they and the highest ups did nothing so the next storm could wipe out as many Big Easy 'deplorables' as possible? They even got on bridges to shoot those fleeing for their lives.

But let's say none of these things are true. Just knowing what we've created and that covert operations exist makes this kind of 'mental disease' inevitable. It truly does corrode national trust.

Did you know that national trust is a crucial element of national health?

What precious little we have left. What precious little we deserve. What sick puppies we really are. So again, shame on us. Let's learn. Let's do something about it. Let's evolve.

We can't change the past, but we must face, acknowledge, apologize and make amends for what we have done so we can move on and do better.

Initially, total disclosure would be shocking and devastating. But soon it would wake us up and purge us to our greatest benefit. So while we're at it, let's demand it and an end to all secret agencies. We can still spy on enemies but only act through overt channels when allowed by due process or, in true emergencies, only acting with total disclosure.

Remember due process?

Remember habeas corpus?

Holding anyone for decades or even years without trial is another one of our current practices devouring the health of our national soul.

And then there's torture—do the good guys torture people or knowingly send them to it?

I'm one of those rare people who believes that kindness will turn 'enemies' and criminals more effectively than degradation and torture, though they still must be stopped from harming others.

Treat them well.

Be a role model.

Blow their minds.

Give them this book to read...:)

Chapter 4 — Exponentialism

Or exponential expansionism.

When the human race gets to the end of an age it goes somewhat berserk and pushes its long-held tendencies to the limit.

This is what is happening with our patriarchal, third chakra functioning.

At one extreme, the greed/power-in-the-world/self-aggrandizing maneuvers of the most successful few are expanding as exponentially as they can.

Extreme third chakra functioning.

At the other end of the spectrum, the incompetent, frustrated, rage-filled, despairing, helplessly-thwarted few are killing themselves or everyone they can.

Extreme third chakra functioning.

All along the middle, the rest of us mostly anaesthetize ourselves in all the manners of our choosing and shake our heads over what might possibly be done.

Not so extreme but, still, dysfunctional third chakra functioning.

Just a little snapshot of our current state of exponentialism.

But let's be a bit fairer to ourselves.

It had to come to this.

To jump from one age—one phase of evolution—to another is no mean feat.

It takes great compression and rupture.

So let's celebrate.

This is where we are.

Let's rupture into a whole new way of functioning.

Our times demand it.

The potential for the great leap is enormous.

And if we make it, wonderful things will result, miraculous, too-good-to-be-true, though there will be a lot of detritus, as well.

One thing that must happen to counterbalance this giant over-bloat and counter-reaction is for exponentialism to move from the outer realms of the world—money, aggression and worldly power—to the inner realms of our being.

Another thing that must happen is that we must move from too-big-to-fail entities that only shuffle money and make insurance and investment bets, add nothing of real value to our world and super-reward the tip of the pyramid to smaller, equitably owned, producing entities that provide things of true value to the world and allow all its members to thrive.

But let's look at the former for a moment.

We are hitting the ceiling of worldly dysfunction.

What does this mean?

Where do we go from here?

If we go on as we have, it'll be downhill.

Let's stop and take a breath.

Literally.

Stop.

Take a deep breath.

Slow waaaaay down.

What are you?
Really.

What is a human being?

We think we know.

But do we really?

To thine own self be true.

What self?

Know thyself.

Yes, surely, but how?

Ramana Maharshi recommend asking ourselves the question, "Who am I?"

And then truly contemplating and exploring that.

You might try this but, generally, it takes too long and, for most, doesn't work.

But let's do a little of this right now.

Because somehow, one way or another, our sense of self must exponentially expand.

It can, you know.

We are gripped with this idea that you only live once and then it's over.

Rather bleak, don't you think?

And, if so, why care for anything but our own gratification?

What, then, does integrity matter?

Or then we go to heaven or hell.

So, again, why give a shit about the world?

What could it matter to us then?

Sure, our kids, but then they'll die and it'll be over or they'll go to heaven or hell.

So we're back where we started.

Aren't we more than this?

Really, aren't we?

Yes, we are.

Yes, you are.

You are eternal.

You are multi-dimensional.

You are more than you dream of in your philosophy.

You exist in ways and places you can't begin to fathom.

Though, actually, you can begin to fathom.

You must begin to fathom.

Your sense of self can expand to encompass everything, the entire world and everyone and everything in it, the entire universe, all the universes, all time, space and evolution.

You are a vast, infinite, eternal being.

You are a microcosm *and* the macrocosm.

And you've had intimations of this.

They can be scary.

We shy away from them.
It frightens us.
We abhor the void.
We abhor the vast infinite.
We abhor the eternal.
But the time has come to embrace it all.
We can.
We must.
I write of these things in *End the Fight*.
I offer a way forward in *What We Can Do*.
We all must heal in deeper ways than we're used to.
Let's join hands and take the leap together.
One way or another, we will.
We're already being pulled along.
We're already in free fall.
Headlong into the downward spiral.
Or into the upward.
Shall we go down flailing?
Or rise up like the phoenix?
Which would you prefer?
We're being forced to choose.

Chapter 5 — Valuism

Black lives matter.
Red lives matter.
Yellow lives matter.
Gypsy lives matter.
Jewish lives matter.
Rwandan and Rohingya lives matter.
All lives matter.
Human beings are more important than corporations.
More important than money.
More important than ideologies.
We are not just cogs in the wheel.
Dispensable.
Robotic drones.
Corporate things.
Cannon fodder.
You matter.
And you can do more for all of us than you know.
There are things you can do that would help us all.
The more you do them, the more we move towards the leap.
Take better care of yourself.
Eat better.
Breathe better.
Medicate less.
Veg out less.
Drop bad habits.
Incorporate good ones.
Meet and be with your fear and pain.
Meditate.
Three times a day.
Every day.
Forgive yourself, everyone and everything.
Connect with your heart.
Learn better how to love.
Do something in the world to benefit others.
Each one of us who does any or all of these things helps us all.
We have lost the flow.
We have lost the divine vibration.
It is there.
These things help us grow more attuned to it.
We have drowned it out with our consumerism and misery.
With our jadedness.
With our cynicism.

With drugs, alcohol and entertainment.
But it can't be expunged.
It is divine.
It is eternal.
It can sing our lives to a better place.
Whatever religion you may or may not be, life is sacred.
We have stopped treating it as such.
We desecrate it.
We monetize it.
We monetize everything.
The world is not a soulless machine, it is a living being.
You are not a soulless machine.
At the end of the third chakra age, we have overdone the work ethic.
We are not drones.
We have overdone our war machine and the military.
When we make so many brainless killing machines, is it surprising that the tormented resort to murder?
We have abandoned truth.
We have abandoned honesty.
Our chosen leader will say anything expedient.
We have, to an alarming degree, abandoned our very humanity.
We have lost our sense of what is truly of value.
We are in cognitive, moral free fall.
The cow of dharma stands on its head.
We have messed up our values to the point of surreal.
But at the depths of our being they remain inviolate.
We must rejuvenate them.
The profane has trumped the sacred.
But the profane can be reinfused with the sacred.
We can move from Devaluism to Valuism, from de-sanctifying everything to re-sanctifying everything.
We can reinvigorate production with love and inner development.
We must relearn how to truly care for ourselves.
We must relearn how to truly care for each other.
We must relearn how to truly care for our planet.
Life is precious.
It is threatened.
Nothing less will do.

Chapter 6 — Militarism

Nothing epitomizes third chakra function like Militarism.

Destroy, maim and kill for the greater good.

Martin Luther King was our most beautiful spokesman for the new paradigm.

So, of course, he was killed.

He said many beautiful things.

But let's look at this one:

“A nation that continues year after year to spend more money on military defense than on programs of social uplift is approaching spiritual doom.”

We are living spiritual doom, a sense of helplessness, mass malaise.

And we have done precious little defense.

But oh how we love and engage in offense!

And mostly to enhance our own abilities to do business where and how we please.

As Michael Moore's film title so aptly puts it, *Where To Invade Next?*

We spend more on invading other countries, on military offense, than on anything.

We spend more than the next seven nations combined.

We are the great perpetrator.

How sick can we get?

Sicker, believe me.

It's true that al-Qaeda and ISIS are violent, repressive and hopelessly backward, but, to a large degree, we created them.

By imposing the Shah on Iran, building bases in Saudi Arabia, invading Iraq and Afghanistan and being so rabidly pro-Israel, we insured the buildup of violent reaction.

If we were invaded and occupied by a foreign power who imposed their way of life and business on us, would we sit quietly?

Most of us probably would but wouldn't some insurgents rise up in violence to punish the foreign devils?

Hello...

Are we awake?

Do we have enough brains left to even think about such things?

What gives us the right to invade and impose our will on them?

Our might?

Because we're divinely right?

Manifest destiny?

Because we deserve what few resources and little money they have?

Are we bringing democracy to the world?

Was the Shah democracy?

Were the corrupt, dictator business partners we imposed on uncounted sovereign nations democracy?

When true democracy brought Chile Allende, we assassinated him and replaced him with a monster—covertly, of course.

Or we helped orchestrate his fall before he had a chance to really do what the majority of the people of Chile wanted.

That's how much we love democracy.
We mostly have been and continue to be the ugly American.
And how proud we are of it!
And, of yeah, now North Korea.
Korea before and now North Korea.
Isn't it obvious that we are forcing them to be our enemy, we are recreating them as our enemy, we are spurring them on to be our enemy?
We just have to have an enemy.
It's like we need it to feel big and strong and powerful.
It's time we faced ourselves and the truth.
We're out of alignment with everything right as we keeping telling ourselves how right we are.
We've been living prolonged, chronic, endemic cognitive dissonance and it's tearing us apart.
But really we've been living the third chakra imperative—we must dominate, abuse and subdue.
It has served us well, but no longer.
We must mature beyond it if we are to live decently and survive.
If we stopped our naked, violent, cavalier careering in the Middle East and around the world and let each nation follow its own destiny, over time, anti-American hatred and violent reactions against us and what we have put into place would melt away.
If we stopped all covert and overt foreign intervention and focused on developing ourselves, unless our aid were openly and honestly sought, what an invigorated, healthy, vibrant, abundant nation we could become.
We could lead by example instead of subduing by force.
We could finally forswear colonialism.
What would occur if most of the wealth and effort expended on militarism were put to the use of truly making our world a better place?
Miracles.
As we move beyond patriarchal, third chakra functioning, brutal strongmen, strongman groups and strong-arm nations will subside.
Eisenhower, who put a lot of our war machine in place, ended his presidency by saying, "We must guard against the acquisition of unwarranted influence, whether sought or unsought, by the military-industrial complex."
Needless to say, we have done the opposite of guarding against it.
We have fed it to the max.
We have institutionalized perpetual war.
War is hell.
War is barbaric.
War is a racket.
War is man's greatest stupidity.
We must evolve beyond war.
With all these nuclear weapons all over the place, sooner or later at least one will be used, which, of course, could trigger the use of more...

The current potential of too many being used for the survival of life on earth is too great to continue maintaining.

Too much of our wealth and focus has been stolen to feed the war machine.

We must turn this around.

We must dismantle much of our militarism.

We must reclaim most of that wealth and energy and use it for better purposes.

It has brought us spiritual doom but is now threatening physical doom.

If we are able to make the great leap, eventually, the horrors of war will be looked back upon with wonder as the brutal, primitive insanity they are.

Let's imagine a world without war and then do what we must to bring it about.

Perhaps only one international, truly enlightened peace keeping force somehow under the control of all nations with all the world's nuclear weapons obliterated.

Or, in the interim, we could transform ourselves from being the perpetrators to being the truly good cops and only use our might to stop the truly worst predators when the national community agreed it was called for.

Why not?

We have it within us to structure all kinds of better things.

A new age could bring about wonders.

Chapter 7 — Ecoism

For over a century, we have been destroying our soil, polluting our oceans and pumping carbon dioxide into our atmosphere.

We now have the technology to turn this around, dramatically and super-beneficially.

We can restore and supercharge our soil.

We can improve our agricultural productivity by five times or more.

We can skyrocket carbon sequestration by removing CO² from the atmosphere and replacing it in the soil where it belongs.

This can and must be part of The Leap Manifesto.

There is a not very eloquent but brilliant molecular biologist conducting research at the Institute for Energy and Environment at the New Mexico State University College of Engineering.

Dr. David C. Johnson has developed a new, super-effective way of increasing farm, desert and rangeland productivity through the development of **beneficial soil microbial communities**, notably skewing them away from the bacterial and toward the **fungi**. He calls it Biologically Enhanced Agricultural Management (BEAM) and it dramatically increases carbon sequestration while minimizing carbon respiration and having all kinds of other wonderful, life-supporting benefits.

Innumerable, friendly microbes support our plant, animal and human lives. They not only help us digest our food and assimilate nutrients, but mediate our immune systems, cravings, emotions and most aspects of our biological functioning.

Johnson has discovered an optimal way in which they can supercharge our soil and agricultural life.

In order to create them, he and his wife developed a No-Turn Compost Bioreactor.

It dramatically reduces the amount of water needed, composting time and salinity and produces high quality, nutrient rich, fungal dominated soil and plant super-food with which he has had miraculous results without fertilizer, herbicides and pesticides.

This is from a March 9, 2016, talk he gave at a conference sponsored by Regeneration International called *Is Healthy Soil the Solution to Global Warming?* To see it, search YouTube for Managing Soils for Carbon Sequestration.

“By stripping carbon and the life forces and supports from our agricultural soils, we have reduced the ability of these soils to function optimally. Restoration of soil microbiome population and its structure along with soil carbon promotes the restoration of biological functionality of our soils. By promoting this restoration, we can begin reducing atmospheric CO² concentrations. We can begin now at any level in all ecosystems. We can reverse soil loss by restoring and rebuilding our soils. We can slow desertification. We can reduce soil salinization. We can reduce the downstream pollution from the application of agrochemicals. We can restore beneficial insects and pollinating populations. And we can begin restoring our coral reefs and our oceans also. We have a viable technology to reduce greenhouse gases but we cannot accomplish this without a policy that supports its implementation or without the presence of a stable and predictable market. Farmers and ranchers will need to be compensated for their efforts because the transition period is not easy and they can't afford to go out of business trying to do this, so that

there's a subsidy at the beginning, but eventually these systems become self-promoting... (and provide) the best system of emissions reduction to remove or reduce atmospheric CO²."

Most of our current crop of corrupt politicians would neither be able to comprehend nor be willing to implement this. They don't care about what their constituents want. They don't care about what's good for them. They want to weaken and undermine them. They are there to push through what the corporate lawyers want. They are there to take from others all the wealth and power they can.

It's time for us to rise up and force them to do what we want or to force them out.

It's time for us to rethink our existence, from the bottom up.

We waste our waste.

Our waste can be put to precious use.

We are so afraid of it that it's difficult for us to comprehend this.

Our human byproducts and dirty water can be reclaimed, made safe and used in BEAM projects.

We can start turning our rangelands and deserts into super-productive gardens of Eden using our own poo and pee.

We can create private, fecund cornucopias using all the runoff from our homes.

We can produce more food than the world needs.

We can produce healthier, better food and reinvigorate our dying bee and beneficial insect populations.

We can turn the world around from carbon out to carbon in.

There are solutions to our dilemmas.

Small groups have already begun to create these oases.

Here in New Mexico, a few Navajo and Water Management Associates came together to turn a gas station seeping raw sewage and sporting filthy portapotties into an ecological wonder where human waste and runoff is made into safe, super-productive poo juice with all the best microorganisms and nutrients to grow native foods and medicinal plants in an adjacent, sandy lot in an optimum, carbon negative way.

In other areas, Native Americans are creating their own renewable energy enterprises.

Others around the world are doing similar things.

Can an intelligent coalition of politicians and voters begin to reclaim sane, beneficial policy-making?

Can we reeducate ourselves and free ourselves from our cult of greed, fear and stupidity?

Can we resurrect our agricultural land and start using innumerable plots that have heretofore been underproductive or never used?

Absolutely.

There are enough good-hearted, sensible people in this country to rally around true solutions if enough of us become aware of them.

That's what The Leap is attempting.

Go join at theleap.org.

It's Canadian but it's spreading worldwide.

There is hope for us.

Let's rise to the occasion.

Let's avert the catastrophe that is nearly upon us.
This could be a very exciting time.
We can do it.

Chapter 8 — Defossilism

Fossil fuel has driven the industrial age.
It drives our cars.
It has made many obscene super-magnates.
It is nonrenewable, pollutes our world and is killing us.
Continuing to plow money and resources into fossil fuel infrastructure is an investment in death.

It's the epitome of the old order.
It's time to defossilize.
We currently have the technology to begin phasing it out.
New technologies will be developed.
Racing to do further damage to deplete what remains is not the direction to go.
In many respects, the US has become the most backward developed country.
Denmark, Germany and China are leading the way.
But, as early as next election, this could change.
We have the potential to catch up to and surpass them all.
Like BEAM, there are things happening that very few people are aware of.
We still have our Yankee ingenuity.
There has been a concerted effort to depredate our educational system.
The powerful elite abhor a well-educated citizenry.
It has been quite successful.
Large numbers of us champion ignorance, hate science and lionize our oppressors.
When significant potential for change begins to bubble to the surface, there will always be those who cling to the old order, who react against it, who dig in and deny.
We have chosen them to rule us.

On November 13, 2017, over fifteen thousand scientists came out with "A Second Notice," a warning letter to humanity stating the necessity of making major changes to avoid catastrophic biodiversity loss and widespread human misery. It came twenty-five years after a letter from the Union of Concerned Scientists in 1992.

Besides calling for cutting greenhouse emissions, divesting in fossil fuels and phasing them out, increasing green technologies and renewable energy and, of course, reducing deforestation and reversing the trend of collapsing biodiversity, they recommend eating more plant food and reducing food waste, prioritizing habitat reserves, restoring native plant communities, rewilding regions with native species, implementing adequate policy to end the poaching crisis, increasing reproductive healthcare, education and voluntary family-planning services, addressing wealth inequalities and improving nature appreciation through education and other means.

The Newsweek article also states:

"Since 1960, freshwater resources and vertebrate species have decreased by around 25 percent. Marine dead zones have skyrocketed by three-quarters. Carbon dioxide emissions have increased by 62 percent. The human population has increased by 35 percent and livestock by 20 percent."

To me, ocean death is often brushed over but is one of the most dangerous possibilities we face. If our oceans die, and we're getting perilously close, all of life on earth will be severely threatened.

The few good things that have happened is that we have decreased ozone-depleting chemicals by 68 percent. The ozone hole is the smallest it's been since 1968, showing "that we can make positive change when we act decisively. We have also made advancements in reducing extreme poverty and hunger."

This latter improvement is a truly wonderful thing, but much more needs to be done.

They also said, "Soon it will be too late to shift course away from our failing trajectory, and time is running out. We must recognize, in our day-to-day lives and in our governing institutions, that Earth with all its life is our only home. Humanity has failed to make sufficient progress in generally solving these foreseen environmental challenges, and alarmingly, most of them are getting far worse."

And, human activity has "unleashed a mass extinction event, the sixth in roughly 540 million years, wherein many current life forms could be annihilated or at least committed to extinction by the end of this century. We are jeopardizing our future by not reining in our intense but geographically and demographically uneven material consumption and by not perceiving continued rapid population growth as a primary driver behind many ecological and even societal threats."

We must "limit population growth, reassess the role of an economy rooted in growth, reduce greenhouse gases, incentivize renewable energy, protect habitat, restore ecosystems, curb pollution, halt defaunation, and constrain invasive alien species Humanity is not taking the urgent steps needed to safeguard our imperiled biosphere. To prevent widespread misery and catastrophic biodiversity loss, humanity must practice a more environmentally sustainable alternative to business as usual."

Gee, intelligent, educated, caring minds think alike.

There is one area in which I am not as concerned as the scientists are and that is regarding population growth.

I think it's clear that we'd be better served by a significantly lower population. But I also believe that with new practices like BEAM, Earth can well sustain us all and more. I think that if enough of us make the leap there will be balancing mechanisms that will come into play wherein inner congruence with our highest good will bring about spontaneous population reduction or, if not, mass viral or plague epidemics will wipe many of us out if our planet becomes too overburdened.

And then there's extra-terrestrial colonization...:)

But we do need a miracle—something that somehow can galvanize our population out of its lassitude, out of its ignorance, out of the grip of the old paradigm.

We do need truly cogent, world-saving policies.

We do need forward-thinking legislators.

We do need a revolution.

We do have it within us.

How will it arise?

We need you and as many as possible to get proactive.

Chapter 9 — Good Governance

A nation's greatest asset is the minds of her people, the education and intelligence of her children and citizens and the development of their hearts, souls and spirit.

There has been a deliberate effort in America to sabotage our educational system and to dumb as many of us down as money could buy.

Those who have stolen from and control us don't want us able to think.

This is one of the great travesties of the end of the patriarchal age.

It has been carried out in a variety of ways but, especially, through limiting the funding, practices and status of education and educators.

In all the high civilizations that have flourished throughout history, teachers have been rewarded and held in high esteem.

Here and now, we mostly treat them like shit.

They are underpaid, undervalued and there are far too few.

When those who seek to do ill want to promote their efforts, they revile others for what they do and come up with names for their policies which are the opposite of what they are.

'No child left behind' is a very sad joke. It implemented policies that left as many children behind as possible.

One of the things that must happen if we are to save and improve our world and make the great leap is to resurrect our free, public schools at every level, pre-K to graduate.

Bernie Sanders is a fairly good advocate for the new paradigm.

Many of his ideas are sound and necessary.

The idea that government is bad and should be reduced to almost nothing but the military and leave the market to work everything else out is dangerous, foolish and untenable.

Trickle-down economics is really trickle-up economics.

There are many things that good government should do.

And all people but the poorest and all businesses and corporations, without loopholes or covert offshore havens, should be equitably and judiciously taxed to pay for the things an enlightened, benevolent government should manage.

The richest individuals and corporations should be taxed the most.

And those who have stolen the most should pay the greatest burden.

Transaction taxes could provide a boon, as well.

And again, market regulations are necessary.

The prices pharmaceuticals charge, our whole insurance dominated health care system, the wanton gambling in our financial system, so many areas have spun out of control.

Without regulation, too much is stolen and gambled to the point of corruption, bloat, collapse and destruction.

Wealth inequality is a disease that rots us from within.

And it is all made possible by the dumbing of America.

What Henry Ford said about our financial system, "It is well enough that people of the nation do not understand our banking and monetary system, for if they did, I believe there would be a revolution before tomorrow morning," could be extended to so many areas of power as to be staggering.

Informed, critical understanding of large numbers of citizens is the last thing the powerful few wants.

Here in Santa Fe, a Renaissance man, genius, astronomer, musician, pilot, programmer, chemist with eidetic memory named David Weininger recently died.

He made his great fortune in chemistry and molecular informatics and analysis, providing knowledge, advancement and things of value to the world.

And this, somehow, should be made key.

Those who gamble and shuffle insurance bets and financial instruments to get wealthy, providing nothing of true value to the world, should be taxed at a significantly higher rate than those who provide true benefit.

Perhaps the best thing Weininger discovered is a molecule that enhances cognition, intelligence and the transference of data from short term memory to long.

He wanted to produce, test and make this molecule, which he called the Cognition Enhancer, available to the public.

But the powers that were and are blocked its approval.

He was directly, literally told by several prominent politicians that he would not be able to obtain approval because “enhanced intelligence is not wanted,” just as improving education is not wanted.

This is all part of the travesty of where we have gotten ourselves to.

He built a huge, ten-ton steel model sculpture of the molecule outside the building of his company, Daylight Chemical Information Systems, for all the world to see.

Perhaps, someday, his brainchild will be developed, tested and produced for the benefit of us all.

These are the kinds of miracles that might come about if we’re able to straighten up and fly right.

Our government has become malevolent.

The lords of money have bought it and they are malevolent.

Enough of us, together, can bring about the change necessary to bring back benevolent government.

Our postal and library systems benefit us all and should be maintained and improved.

Social Security is life-saving for many and should be strengthened.

Most developed nations have proved that good governance provides far better healthcare to all than the rampaging pharmaceuticals, insurance companies, free market doctors, HMOs and hospitals, with their often astronomically inflated pricing, that we are so enamored of.

There should be ample free education for everyone who wants it and our teachers should be higher paid and better qualified.

The current, criminal student loan industry should be outlawed, gutted and defunded.

And, of course, our infrastructures are falling apart.

We need a new New Deal.

The great terror we have of the words social and socialist have been inculcated into us by the wealthy, powerful elite who have had their way with us.

The disempowerment of the labor unions they have so succeeded in doesn’t serve us.

Mistreating workers so that the pinnacle can gorge undermines our country.
What we truly need is some kind of benevolent Social Democracy or Democratic Socialism.

Perhaps, someday, a benevolent government will make sure that the basic needs of all its citizens are met.

The movement is definitely in the direction of robots taking over most of our work.

What might we do if we didn't have to work for a living?

It could be miraculous.

In the shorter term, making the raw market profit motive our king will not save our world.

It is destroying it.

I am not an expert in these things.

In general, I am not a political animal.

But almost no one is saying what I feel must be said.

So into the vacuum I speak.

Even if I speak only to myself.

Chapter 10 — PACs and Lobbyists

Need I say more?

Of course.

I do have to make this book length...:)

Our elections are bought and sold.

Our politicians are bribed, massaged and coerced.

Most of them are already in the corporate pocket.

Money, as in so much else, has overtaken our politics.

The amount spent on our elections is obscene.

This is one of the greatest areas in which we need reform.

How can we regulate this?

There must be a sensible, effective way.

Citizens United is clearly not it.

Perhaps we should go so far as to make lobbying illegal.

Wasn't it once called influence peddling?

And perhaps we should structure a state-financed way in which bona fide candidates can reach the public and none of them can spend more than in utilizing it.

Should we base the selection of our leaders on how much money they can raise (or have), on how much they have stolen?

Shall we continue to make money our God?

That's what we're doing.

Nearly seven billion was spent on the 2016 election.

Most of that money came from five families.

Around two billion of that was dark money from groups that don't disclose their donors.

Another aspect of our existence completely out of control.

That's what happens when regulations are stripped.

We've been removing all the good laws and replacing them with bad ones.

Though not all PACs are bad.

Wolf-PAC's goal is "To save democracy in the United States by getting a much needed amendment to the U.S. Constitution that will establish elections which are free of the corrupting influence of money in our political system and fair enough that any citizen can run for office, not just millionaires and their allies."

In order to propose the amendment, they must get resolutions passed in thirty-four states, two thirds of our total.

If two thirds of the members of both Houses of Congress were to vote for it, that would also do. But that would never happen when almost all of them have been bought by money already.

If thirty-four states pass it, it would go to all the states and thirty-eight would have to ratify for it to be adopted.

So far, five states have passed the resolution—California, Illinois, Vermont, New Jersey and Rhode Island.

Many are working to pass it in other states.

So there is hope that we can bypass our corrupt legislators, President and Supreme Court and straighten out some of the mess we are in.

For almost everywhere we look there truly is a mess.

Such a mess in so many ways.

But a mess that we can and must clean up.

All along, I have been optimistic.

Because all along I have believed that we truly are getting to the point of making an evolutionary leap.

And all along I have continued to believe in our basic decency.

Perhaps I am wrong.

Perhaps the human race has become a failed experiment.

And this is yet another world that its inhabitants will destroy.

Forgive me, I do believe it has happened elsewhere and that some of us were involved.

In our nearly infinite omniverse, so many things have happened in so very many places.

Or perhaps we won't destroy ourselves but will limp along as we have with little improvement or degradation.

But I don't think so.

Without progress, there is stagnation.

So let's join hands, shall we?

Let's do what we can.

Let's help Wolf-PAC or the cause of our choosing.

I believe in you.

I hope it's justified.

Chapter 11 — Do It Yourselfism

More and more people are realizing that electing officials to do it for us isn't working. We're going to have to do it ourselves.

Sixty people got together in Canada and formed The Leap. Now it's growing in leaps and bounds.

A high school teacher and a bunch of others got sick of seeing our institutions bought with corrupt money. So they came up with a solution that could actually work and Wolf-PAC was born.

Paul Hawken, ever an activist, got serious about climate disruption and spearheaded research, put it together in a book and devised a plan called Project Drawdown to do something about it.

This is from their website.

“Our organization did not make or devise the plan—we found the plan because it already exists. We gathered a qualified and diverse group of researchers from around the world to identify, research, and model the 100 most substantive, existing solutions to address climate change. What was uncovered is a path forward that can roll back global warming within thirty years. It shows that humanity has the means at hand. Nothing new needs to be invented. The solutions are in place and in action. Our work is to accelerate the knowledge and growth of what is possible. We chose the name Drawdown because if we do not name the goal, we are unlikely to achieve it.”

Drawdown meetings are popping up around the country and probably around the world. People are digging in to do what they can now.

Newer, better, more profound and potentially effective things are afoot.

Something is bubbling up within the human race.

The beginnings of the real transition from the old paradigm to the new.

We must start doing everything we can.

In one way or another, all of us can do something.

There really is something coming up from below.

The apathetic are starting to galvanize.

An invigorated citizenry could work wonders.

Instead of focusing on how terrible things are and how worthless 'they' all are, it's time to get up and act.

There are so many groups and efforts that have been doing such wonderful work for so long, though, actually, so many have become money makers for the organizers, themselves.

But it also feels that there's a whole crop of new effort bubbling up that has even greater potential for bringing about the real change we so greatly need, like the three above, Represent.Us, Regeneration International, the Unrig the System Summit, The People's Summit and probably more I am unaware of.

Nearly all our recent leaders have been such disappointments, as presidents and congressmen so often are.

We can no longer afford to look to others, no matter what position they might hold.

There are some wonderful people out there running for office.

Bernie Sanders' Our Revolution is doing what it can to support them.
Others are, too.
By all means, if we can, let's also rise up and vote the corrupt out of office.
But the way real change is going to happen is by our bringing it about ourselves.
We must lead by example.
We can you know.
You are far more powerful than you realize.
And the inner work is a crucial part of manifesting it into our troubled world.
If you haven't done much of that, begin.
But enough of us *have* been for long enough.
Outer action is now necessary to save our world.
The need is great.
The solutions are there.
People are starting to come forward.
It will take massive effort.
More and more of us will be needed.
I do believe that, at some point, something will arise around which all the disparate, truly forward moving movements, organizations, projects and people will be able to coalesce.
When that happens, we will become unstoppable.
Who, what or how that will be, I do not know.
But however things unfold, it's time to get busy.
Everything for the good we now do will bear fruit and build the foundation.
Find a venue that taps into your passion.
Pick an effort already underway.
Start your own.
Get involved to whatever degree is right for you.
Begin the process and let it unfold.
You can help.
We need as many as possible.
It's time.

Chapter 12 — Bursting the Bubble

I have many beliefs that few have.

In this book, I have written more of the world than I usually do.

Healing, inner energy and the spiritual realms are usually what call me more.

But at the risk of nullifying all I have written, I would like to burst the boundaries.

As I've stated, I believe we are eternal, multidimensional beings.

I would like to speak a little of what that means to me.

The most important thing about our lives is how much we learn and evolve as a soul, as a spiritual, cognitive, loving being.

Nothing else comes close.

So God, the world or we ourselves will give us diseases, death or all kinds of tribulations if that is what will most help us learn and evolve at the point we are in our journey. I learned a tremendous amount from the metastasized cancer that hit my eighteen-year-old body.

I learned a tremendous amount from my own struggles with drugs, depression, mental illness and psychotic episodes.

We have eternity.

Not the eternity to burn in hell, the comic book version created by the venal, third-chakra church father liars to gain control over others.

No God would devise such a fiendish actuality.

But one in which to evolve into the highest manifestation of our being.

So, even if we destroy our world, it's not over for any of us.

We go elsewhere to learn more and do better.

The spirit continues on.

To any one of a hundred trillion places.

But I also believe that, in our growth, we are meant to do as much good as we can.

Our highest essence is love, forgiveness, acceptance and benevolence.

We are part of the evolutionary stream of all things. The more we support that and create benefit, the better it is for our soul's journey.

So I believe in each of us doing what we can to make this world a better place for ourselves, our loved ones and all who share this world with us, animal, vegetable, mineral and human.

And, of course, for all those who will come into the world that we have made.

We really are meant to be caretakers, lovers, supporters.

We are meant to grow to encompass all.

We are the keepers of everything.

This divine impulse of benevolence may look very different to each of us when applied to worldly solutions, but I believe it does exist in us all.

I also believe that life, people and the world can greatly distort or nearly expunge it.

And that now, in the death throes of the five-thousand-year, patriarchal, third chakra age, it may seem to have nearly disappeared.

There is so much damage.

So much distortion.

So much ignorance, terror and pain.

So much horror we inflict on each other.
So much fear.
So much corruption and greed.
So much nullifying the importance and value of all else but ourselves or our own little group.

But this is not who we truly are.
We are truly better than that.
And there is help in healing from the things that have nearly destroyed us and that make us strike out and take all that we can, giving back as little as possible.

There is so much to remember.
Remembering who and what we truly are.
Remembering all the good there is and all that can be.
Remembering how precious life is and each one of us in it.
And there is so much to do and become.
And, ultimately, what more is there to say than that life goes on?
Or does it?

Chapter 13 — The Age of Miracles

You may not buy human evolution as each age climbing a chakra, but it's key.

It's important that more of us grok this.

The three lower chakras are the physical chakras, the earth chakras, the grungier chakras.

(You may not buy chakras, either, but they are energy centers in our body, each with different qualities, each successive higher one carrying the energies of higher states of consciousness and development—the root, above the perineum, the 2nd, in the womb area, the 3rd, in the center of the diaphragm, then the heart, the throat, the 'third eye' and the crown of the head. There are also sub-chakras, like the thymus, and higher and lower ones above and below the body—seven major ones in the body, twelve altogether corresponding to the twelve dimensions.)

(Do you buy that all matter is made of energy, that energy is more fundamental than matter, that energies evolve or distort to take on all kinds of different qualities? We are as much or more energy beings as we are physical. The energy part ends up being more important than the physical part. And what almost no one yet accepts, is that energy, itself, is made of consciousness. The most basic holon in the universe is consciousness. It comes together to form and be contained by energy, which in turn comes together to form and be contained by matter, which in turn has nested, ever-more-complex forms, such as quark, atom, molecule, protein, cell, organ, system, body, etc.)

Most of us have evolved through the first two chakras and are living the third, though there are many groups and individuals still living the first or second and, likewise, many living the higher ones. But the great bulk of the human race, the collective as a whole, is unconsciously contemplating the leap from the third to the fourth and fifth. (And there are developmental sub-levels within each chakra level.)

The heart is the mediator between the physical and the spiritual and partakes of many of the higher qualities.

The throat is the will and bringing our essence, to whatever degree it has evolved, into the world.

The leap from the physical chakras to the higher is a greater one than the leap from the first to the second or the second to the third and, in making it, evolution speeds up to more thoroughly encompass two chakras instead of only one—three, if you count the thymus sub-chakra.

In some ways, each of the successive lower chakra ages was worse than the last.

In our collective consciousness, the human race remembers the far distant past as a golden age.

There are reasons for this.

Just as the oceanic awareness of oneness is experienced by the infant, the people of the first chakra age knew an elemental form of oneness that bonded them with all things in the natural world, the world, itself, the stars and the cosmos.

They knew the eternal, universal unity that we have lost.

They were more in tune with everything than we have been since and could cognize truths and wisdom that diminished when the first separation took place as the species evolved to second chakra functioning.

That's why they were able to build Newgrange, Stonehenge and similar astronomical predictors that we still marvel at.

Also, there was far more harmony between the sexes and ages, a simple acceptance, understanding and honoring of each person's skills, abilities and place, and of their souls, strengths and weaknesses.

And the dominant, male hunter/protectors honored and nurtured the women and children far more than abused them, at least the ones in their own tribe.

And just so, the second chakra age was far more harmonious, nurturing and understanding, far less violent and dominant than our third chakra age.

And now, at the end of this age, we are seeing the worst of us come out to the forefront and being embraced as not only acceptable but as our chosen leaders.

All of this has the potential to change fairly quickly.

While our current patriarchal men and women will still deride the bleeding hearts, deep down we all really know that the heart can be wiser than the head or the separatist, materialistic, Machiavellian third chakra, in which the more I win and the more you lose, the better.

With an activated throat chakra, we have the great potential of more thoroughly accessing our higher, divine will and wisdom. In living from these higher chakras, when you lose, no matter where you may be on the planet, I lose, as well. We all know that we can both win, even if there is some seeming sacrifice.

There are such things as mutually beneficial, the common good, collaboration instead of competition.

Developmental evolution is a process of ever greater expansion and acceptance.

Most of us are 'for' ourselves, our friends and our families, our own loved ones and our clique—those we identify with. This can also expand to our own race, country, religious group, political party, etc.

Evolution takes a giant leap when we learn to be for 'others' as well, when we start to realize we're all here on spaceship Earth, together, when it begins to penetrate that it's all of us, sink or swim, who will float or drown, that there are no 'others,' that you're really just a different version of me at a different or similar stage of evolution or in different or similar skin, that loving thy neighbor really does mean loving thy neighbor and that everyone on planet Earth is now your neighbor.

This last can be a terrifying thought for many, but more and more, it's simply true. The modern world is making all of us very close neighbors.

Instead of trying to separate and isolate ourselves, to strengthen the barriers and build walls, to protect ourselves by diminishing, hating or destroying the enemy, instead of fighting each other, our sense of self expands to include the other and, wonder of wonders, the enemy disappears and becomes an extended, greater part of ourselves. We want to help them instead of destroy them, help them survive, thrive and grow in their own inner development.

We're all evolving together, though at different rates and from different stages.

But the more that each lonely person evolves, the better it is for everyone.

In whatever way we help ourselves or anyone else, we help everyone.

This is world changing.

Of course many don't want our help and don't think they need it, but that's beside the point.

As more individuals grow into the wisdom of *the greater good* or *ending the fight or turquoise life*¹, we get closer and closer to making the leap and seeing it manifest in the world we live in.

If we don't destroy ourselves, if we succeed in navigating the birthing transition from gut dominance to heart and throat dominance, we have the potential of seeing a truly transformed world—an Age of Miracles. Because what we see will look like miracles compared to what we've been living till now.

This is potentially a very exciting time or an increasingly disastrous one.

I believe that many civilizations in our nearly infinite, eternal omniverse have destroyed themselves and their worlds or other civilizations at this juncture, when their technologies have evolved to the point where they could and their internal, psychological, spiritual evolution was stuck in third chakra functioning, just as many individuals commit suicide while others murder.

We have done this before.

We have learned.

It's time to bring it all together.

In one way, it's about priorities.

What, truly, is important?

Money and power at the cost of all else?

That's what's killing us.

Beauty, grace, quality of life, quality of environment, fairness, equity, loving support, tolerance, inclusiveness, cleaning up our mess, benevolent activism?

You may sneer.

All bleeding-heart qualities.

But that's what will save us.

And you.

You do have an eternal soul and these qualities are its highest currency—money in the bank of your evolution.

And what will we see if our world starts being transformed by these things?

A renaissance world that'll put all the smaller renaissances to shame.

They foreshadowed our potential.

Geniuses popping up everywhere instead of only a handful throughout history.

An explosion in wisdom, art, freedom and science.

Unprecedented worldwide collaboration.

Great numbers of us thriving and helping others thrive, living well instead of obscenely, generating joyous abundance instead of bloat and lack.

More and more true compatibles more and more easily finding each other.

A lot more soul mingling and genuine love and a lot less groping.

Fewer and fewer murdering berserkers.

Fewer and fewer religious fanatics.

Who knows?

Let's see!

It's time to do more than dream.

We must take our world back.

We must change the unchangeable.²

Chapter 14 — The Miracles Begin

I have always felt like a human bellwether, riding the crest of the rock and roll, drug, sexual and spiritual revolutions.

Now we're at the cusp of the Miracle Revolution.

Or we're not.

We're at the cusp of a huge downward spiral that could very well end in our extinction.

So I can't help believe³ that if miracles start happening for me, they will also start in the world and for many others.

I am seeing the beginnings of these miracles in The Leap, Wolf-PAC, Project Drawdown, BEAM and the Cognition Enhancer, and in Aaron Swartz before his untimely death.

But am I just reading in, indulging in wishful thinking?

Good things have always happened here and there, have they not?

Are these harbingers of a revolution or is nothing really changing?

For me, this book is a miracle. My previous have been written in isolation, self-published and, whether I tried to promote them or not, hardly read, with little or no outer connection to the world or attendant gifts of synchronicity with the exception of my play, which is another story altogether.

But knowledge of the above 'miracles' came to me through synchronicity and other gifts around the book have similarly appeared.

It is more deeply embedded in the world and supported by it than my previous efforts.

If I'm able to truly get it published and it reaches any kind of significant number it will certainly be a personal miracle, but it will also hearten me greatly about our future as a species.

I have always felt that I am destined to make a significant impact in the world, to help a lot of people and to help the world evolve.

This has clearly been fed and overblown by my ego, my biochemical challenges, my grandiosity and my megalomania.

And it's never happened, or only briefly on a smaller scale.

But I also can't help but hope that there is still truth in it.

I have been terrified of success. As a very young child, I made an unconscious vow to avoid it all costs because I didn't want to be like my father. This also inhibited my ability to truly love and feel good about myself.

If I haven't fulfilled my mission, my destiny, the purpose of my being, then I have failed. I'm no good. I'm unworthy of love. (Just as a one-year-old, how could I not interpret my mother's cutting me off, my father's newly begun, frequent, vicious attacks and my being shut out of the family circle of love as irrefutable proof I was a terrible monster who had done something unforgivably wrong even though, try as I might, I couldn't comprehend what it was?)

These are the kinds of double, triple and quadruple binds the world can give us or we can tie our own lives up with.

The good news is that the writing of this book and the synchronicity around it have helped me break through all this more than ever, though I've been chipping away at it all my life.

So, whether I'm able to secure a real publishing deal or whether or not anyone reads this, I have just broken through to a better, deeper quantum level of love, acceptance and being.

And I let it all go.

So it has wrought this one miracle in my life.

But let's put me aside, though the following would seem the opposite.

Because it's only when we're truly able to step aside and become the hollow reed that we open the door for real outer miracles to come forth, which I was especially supported in doing with the thousand or so people I worked with on my thirteen-month trip to South Africa and Botswana. (See the far too many testimonials on my website.)

And, of course, doing one's inner work is the necessary opposite of this. We must, by definition, focus deeply within ourselves to effect it.

So may the miracles proliferate, thick and fast.

Why have I written this?

What do I hope to achieve?

As I've repeated, we need to rethink our world.

We need a vision of the future.

We need to grok our own growth processes and a new way forward of living and being.

We need a more profound appreciation of our condition and its cure.

But we also need more of us to join in, on every level, as many as possible, doing the inner and outer work.

And, as Paul Hawken says, we need a narrative.

Or, as I would say, we need our context.

We need to make it all undeniably explicit.

This is my attempt to provide it all.

If you want to help yourself, your loved ones and the world, read *End the Fight, What We Can Do* and *The Love and Forgiveness Meditation*.

If you want to know more about me, read *I Love You and Forgive You*.

If you want to expand your fun, sex and fantasy life, read *The Miracle Revolution*.

And if you profoundly feel the latter was written for you and you want to help me live, be and do my work, don't hesitate to let me know.

But most importantly, get proactive.

Find a venue to support and work through that can actually help our world.

Or, if you're not quite ready for that, do the inner work.

Just incorporating the Love and Forgiveness Meditation (L&F) or another mostly effortless meditation into your daily routine and doing it every day would do more to make our world healthier than you know.

We're all connected.

No man is an island.

If all of Earth's water were to disappear, there would be one continuous landmass, one big chunk of soil, sand, silt and rock, one ocean-less bottom.

Just like that, at our depths, we're all one seething lump of vibration, energy, thoughts, emotions, despair, hopes and dreams.

One morphic energy field.

Without skin color, nationality, gender or religion.

Each person has an effect.

We each radiate all the time, transmit, uplift or depress this collective.

No one is perfectly neutral.

So now the latest.

Our chosen leader, the President of the United States, dismisses a continent of shithole nations, Mother Africa, our human birthplace, where he, himself, and we all came from. If it weren't so sad it would be funny. But he's already dismissed half the human race, its women, and almost everyone else besides himself, his family and a small, admired coterie of people just like him, the epitome of third and first chakra functioning.

We are now truly pitiful, the most foolish of petulant babies in the greatest need of love and a spanking. We can only spank ourselves by feeling our shame and loving ourselves and vowing to pull ourselves out of this and do better.

In a very primeval way, we are all responsible for everything. We all contain everything. There is nothing out there that is not within. We only become mature by becoming this responsibility and totality to whatever degree we can.

What I've been trying to say in all this is that we are the train that can.

For there's also New York City.

The lowest crime rate since the 50s.

This is a collective phenomenon.

Everything is a collective phenomenon.

There are individual actions.

But even these are influenced by collective pressures.

And this is indicative, hopeful, a hint of what's to come if we can get there, something we can be heartened by and proud of.

(New York and California *are* ahead of the curve. What a shame if they were to sink beneath the sea, though there might be many who, in their smallness, would root for that.)

((And is everything herein nothing but me thinking to myself, my own form of auto-confirmation, my compensatory, mental masturbation? Yes and no, both and neither, more than both, less than neither.))

We could make a wonderful world.

Help us heal it.

Help us rebirth it.

Help us make it stronger, more balanced and more equitable.

Help us re-sanctify it.

We need to help each other.

We have degraded every aspect of our existence.

Life is in jeopardy.

In one way, the pagans were right.

Everything is sacred.

Or can be if you decide to live that way.

Everything is precious.

Including you.

Spirit is more important than money.

Thin, small spirits rule our world.

Men with dollar signs for eyes.

Men who have perennially been screwing us and our world.

Soulless machines (though not really).

We can have compassion for them.

(They, too, can be redeemed.)

But we must find them, call them out and stop them.

Not only the obvious public figureheads, but the polluting CEOs, the rulers of the war machine and the hidden masters of money, the wizards of Oz behind their curtains and the arcane levers they have been pulling to control and amass the flow of wealth and our world economies.⁴

Beware.

Wake up.

The lionhearts are coming.

Your time is up.

There have always been those behind and ahead of their time.

But the future is ours.

If we can secure it.

We have great inner and outer work to do.

Let's begin.

Let's join those who have begun.

And the innumerable who have given their lives.

Let's fulfill their work and sacrifice.

Do what you can.

Each soul who embarks on new inner or outer work will help us make the great leap.

It could be glorious.

Let's evolve, survive and thrive.

¹My dear architect friend, Aaron Bohrer, gave me Ken Wilber's *Trump and a Post-Truth World* after completing this book but while still in the editing stage. He had also given me *A Brief History of Everything* a long time ago, but Ken's agonizingly academic style stopped me dead in my tracks. But I did read his Trump book and am glad I did. It crystalized a number of things for me and gave me some verbiage, which led to some additions to chapters three and thirteen. I prefer chakra knowledge, which he assiduously avoids, but we're very much on the same page and he's done some great work in laying out holons, the integral nature of developmental levels, which he denotes by colors—turquoise being the highest he mentions in the book—and quadrants of existence. The gift of his book also inspired me to submit a book proposal to Shambhala. So, whether or not they come through for me, thank you, Ken and Aaron.

²Ralph Abernathy via dear, astonishing Maya Angelou, *The Heart of a Woman*, 1981, p. 54. (Not astonishingly wry, decent, poetically articulate and clear 'for a black woman,' but for anyone, man, woman, white, black or green, just as MLK was not only, as she wrote on the next page, "the best we (the blacks) had," but whose splendor eclipsed that of pretty much everyone else on Earth at the time or since. There is a kind of valid elitism whereby we allow ourselves to admire and admit the best in us and the best we can become instead of hating and killing it and we can acknowledge and allow the worst in us to just flow through and subside without acting out, hating or killing it. And for those who might be helped by this, impulses may arise within us not only from our own small selves but from the collective, as well.)

³I've alluded to belief a lot in this book. I'd like to say something more about it. There are beliefs and facts. There is truth and untruth. My height can be measured. If I'm six feet tall, that's a fact. I may believe I'm eight feet and tell everyone so but that doesn't make it true. When beliefs deny facts, they become delusional. 1st chakra life is dominated by magic. If I draw something on my cave wall and invest it with fervor, the object will come to me. The 2nd chakra is myth-based. I can't make it happen but there are gods who can so I propitiate them. The 3rd chakra is belief-based. Whatever I believe or don't believe, is inviolable. I live by my dogma. Facts don't signify. The 4th chakra is fact-based. I'm from Missouri. Show me and I'll see it's right. People living this chakra may have beliefs about things that are hard to or can't be proved or measured, but when facts come along, they are ready to change their minds. Truth and honesty are important. Billions of measured atmospheric and weather data points all agree. We have altered our climate. Belief doesn't change this, one way or another. Only our actions will. (I have Ken Wilber and Paul Hawken to thank for helping me crystalize this.) As the higher chakras kick in, something new happens. The higher, eternal truths emerge. They can't be measured or proved, but discernment, direct cognition and an inner truth barometer develop that aren't infallible but that outer 'truths' can resonate with or not. A deeper, less fanatically held knowing, as opposed to certainty, emerges. And the divine truths become more and more wonderful. So what about miracles? They can occur anywhere, anytime no matter what chakra we may be living. By definition, they are rare and unexpected. But there are things we can do to help bring them about. And they have the potential to turn into a deluge of support and synchronicity...:)

⁴Just as Paul Hawken coalesced a group of excellent researchers to put together the hundred best things we can now do to turn climate change around, someone should coalesce a group of

excellent researchers to determine the world's hundred worst polluters and money controllers and then we should begin to expose, call them out and somehow put an end to what they are doing.

Thanks to Richard Jennings for turning me on to The Leap, BEAM and Drawdown, to John Wantz for turning me on to Wolf-PAC, to Judith Bourque for turning me on to a self-published author having a book agent, to Shannon Young White for soul mingling and helping me soften and fix the book's induction and to Maharishi Mahesh Yogi, Leslie Temple-Thurston and L&F for helping me more thoroughly know and awaken my chakras.

I write books, plays and songs, do healing work and live in Santa Fe.

Helping others meet and process their trauma is some of my most important work.

I also do Highest Dimensional Energy Healing (HDEH) and call in the healing light energies and angelic helpers of the highest dimension to help with it all.

And I can teach and solidify your L&F Meditation practice.

If inspired, go to mark-landau.com, read more and email me.

There is help in your deepest, hardest work.